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## **Post Operative Instructions for ILC of the Prostate**

This morning you received the following medications:

- |                   |            |
|-------------------|------------|
| 1. Levaquin 500mg | Antibiotic |
| 2. Vicodin        | Pain       |
| 3. Ativan         | Sedative   |

Please following the instructions below:

### **TODAY:**

- |                        |                                     |  |
|------------------------|-------------------------------------|--|
| 1. Motrin              | Anti-inflammatory/<br>pain reliever | 600mg twice daily until prescription<br>is gone  |
| 2. Detrol LA           | Bladder spasms<br>Cath. discomfort  | Take one pill daily starting today,<br><u>last dose the day before catheter removal.</u> |
| 3. Flomax or Uroxatral | for urinary flow                    | Continue regular dosing until told<br>to stop at postoperative visit                     |
| 4. Vicodin             | for pain                            | you may take as needed for pain<br>every 3-4 hours                                       |
5. You may resume all of your regular medications, except for aspirin and blood thinners. Dr Hughes will give specific instructions on when to restart your aspirin and blood thinners if you are taking them.

### **TOMORROW:**

- |             |            |   |
|-------------|------------|---|
| 1. Levaquin | Antibiotic | Starting tomorrow take 1 pill<br>daily until gone |
|-------------|------------|---|

### **MONDAY:**

Remove catheter in morning (see instruction sheet) or call the office if you do not feel comfortable taking it out yourself and the nurse will remove it for you.

### **Problems you should report to the office:**

1. Fevers over 100.5 F
2. Excessive/heavy bleeding or clots
3. Drug reactions
4. Severe pain
5. Inability to urinate-after catheter removal
6. If your catheter falls out or stops draining

**-over-**

*Please call the office if you have any problems or questions. Even after office hours, there is always a urologist on call.*